

EmpowHer Welcomes Theodore C. Friedman, M.D., Ph.D. to Medical Advisory Board

Adrenal, Thyroid, Menopause and Fatigue Disorders Expert from Charles Drew University and UCLA School of Medicine Joins Leading Women's Health Site

Scottsdale, AZ, September 3, 2009 - EmpowHer, the home of women's health online, (www.empowher.com) announced today that Theodore C. Friedman, M.D., Ph.D., from Charles Drew University and UCLA's School of Medicine has been selected to serve on the company's Medical Advisory Board. Dr. Friedman joins other leading doctors and medical researchers in providing women's health guidance to EmpowHer's audience.

"Far too many women suffer in silence with adrenal, pituitary, thyroid, menopausal and fatigue disorders without anywhere to go for information," said Dr. Friedman. "EmpowHer is a leading online women's health network providing resources, community and services for a broad range of women's health issues. I am honored to lend my expertise in fatigue disorders - most common among women - to support EmpowHer's mission."

Dr. Friedman has received several NIH grants, covering hormone regulation, including thyroid, adrenal, pituitary, testosterone, and pancreatic functions. He has written the thyroid and adrenal chapters for the widely read textbook, Cecil Essentials of Medicine, and the popular patient book The Everything Guide to Thyroid Disease. His basic science research interests are in pro-hormone processing as related to drug addiction, diabetes, thyroid disease and obesity as well as substance abuse and the hypothalamic-pituitary-adrenal axis. He also is studying how glucocorticoids (steroids) are involved in diabetes and obesity and also studying why smokers get more heart disease.

"EmpowHer is pleased to have Dr. Friedman join our Medical Advisory Board because of his unique ability to unravel complex, hard-to-diagnose cases," said Michelle King Robson, Founder and Chairman of EmpowHer. His areas of specialty will bring critical content and insight to thousands of women who rely on EmpowHer for information on adrenal, thyroid, pituitary and fatigue disorders."

About EmpowHer

EmpowHer, the home of women's health online, is a unique resource dedicated to improving women's health and well-being. EmpowHer provides up-to-date medical information, access to leading medical experts, advocates, and a devoted community of women who ask questions, share stories, and connect with one another in a safe and supportive environment.

About Dr. Theodore C. Friedman

Theodore C. Friedman, M.D., Ph.D. is the Chairman of Medicine and Chief of the Division of Endocrinology, Molecular Medicine and Metabolism at Charles Drew University, in Los Angeles. He is board certified in Internal Medicine and Endocrinology, Diabetes and Metabolism; is the director of the Metabolic and Cardiovascular Diseases Research Cluster, and holds an Endowed Professorship in Cardio-Metabolic Medicine. He is Professor of Medicine at UCLA and Charles Drew University.

Dr. Friedman has received several NIH grants, covering hormone regulation, including thyroid, adrenal, pituitary, testosterone, and pancreatic functions. He has published over 80 papers in peer-review journals and wrote the thyroid and adrenal chapters for the widely read textbook, Cecil Essentials of Medicine. His clinical research interests are adrenal and pituitary disorders and he has an NIH-funded clinical trial giving testosterone to women with hypopituitarism. His clinic interests includes difficult to diagnose pituitary, adrenal and thyroid disorders. He is one of the world's experts on Cushing's syndrome.

Dr. Friedman earned a Bachelor of Science in Chemistry and Biological Sciences from Stanford University in 1980, a Master of Philosophy in Pharmacology and a Ph.D. in Pharmacology from City University of New York in 1984 and 1986, respectively, and his M.D. from Mount Sinai School of Medicine in New York in 1987. He completed his residency at University of Michigan Hospitals in Ann Arbor, Michigan from 1987-1989.

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